



REPOSITION FOR
SUCCESS

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Reflection Guide

Living in the fullness you desire.

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Repositioning for Success

Are you tired of being bogged down and stalled out? Overwhelmed by the life your living and lack of productivity towards your goals? Hey - I get it.

As women we tend to have many roles; wife, mom, daughter, friend, cook, house cleaner, laundry doer, garden tender, employee or maybe employer, as well as a dozen others. Often, we rush throughout the day, hurrying from one task to another until we plop ourselves down at night and wonder what we did that actually mattered.

I'm here to tell you there's a different way! Now is the time to reposition our lives for success. It's time to take responsibility and accountability for our schedules and start directing our time where to go. It's time to reposition our minds, align our hearts with God's heart and start walking in the fullness we so desperately desire!

If you are in a place of discontentment, frustration, or overwhelm, welcome! We are going to dig deep, be honest with ourselves and begin to take steps to overcome this kind of living. We are going to pause the busyness and pursue what matters to live in the fullness we desire. I can't wait to get started!



Step one - Pause

What in life really matters to you?

What is pulling on your heart?

What passions has God put on the inside of you?

Spend some time in prayer; thanking, asking, listening, seeking the Father for what He has for you.



Step two - Journal

Write down 4-6 things that God has put on your heart.

These can be things that you currently have and also things you are working towards.

Make sure to write down that one big, audacious dream you have. (Don't be scared, it's okay to dream big!)



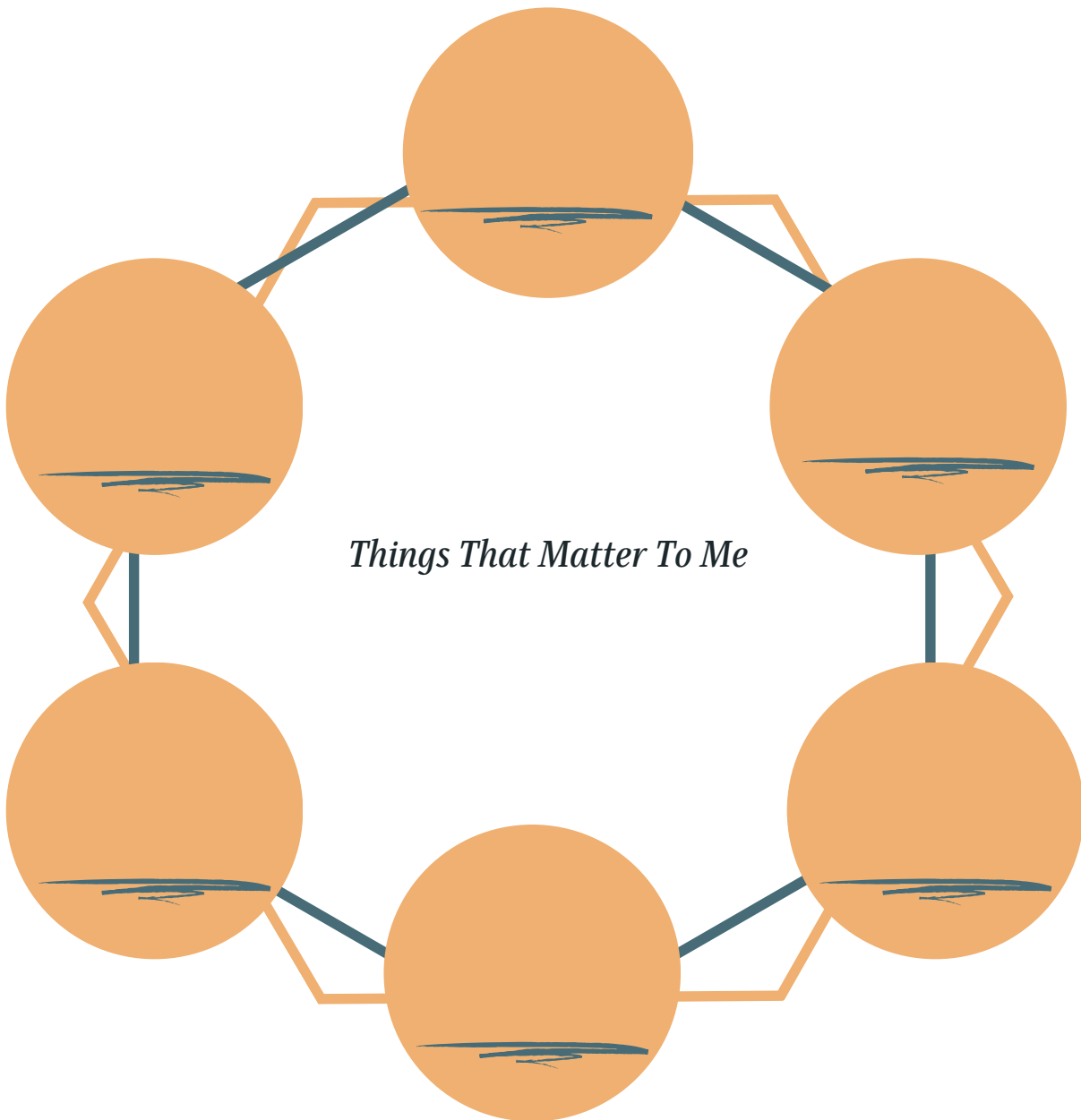
Step three - Pursue

What needs to change in your life for you to pursue the things that are on your heart?

How much time, investment, resources are you going to need to pursue these things?

Living the life you desire:

I want you to write down your 4-6 things here, one in each circle so you can see them and how they all connect together.



Action Plan

Let's get an action plan started for how you are going to pursue these dreams. Jot down the first step in each of your areas.

Area 1:

First Step -

Area 2:

First Step -

Area 3:

First Step -

Area 4:

First Step -

Area 5:

First Step -

Area 6:

First Step -

Remember, sometimes the first step is the hardest step. Allow yourself some grace.



Word of Encouragement

...build me up again by your Word.
Barricade the road that goes Nowhere;
grace me with your clear revelation.

I choose the true road to Somewhere,
I post your road signs at every curve and corner.
I grasp and cling to whatever you tell me;
God, don't let me down!

I'll run the course you lay out for me
if you'll just show me how.

Psalm 119: 29-32 MSG

Hey! I'm Tana

I am a multi-passionate, fun-loving, crazy ambitious, determined woman who is crazy about Jesus, who He is, and what this life is all about.

My heart's desire is to help equip you to move from where you are toward the great competence and fulfillment you desire. I want to help you uncover your vision, build confidence to walk with the Lord on your path, put some tools in your toolbox to use along the way and help you live the life you were born to live.

"You have stayed long enough at this mountain. It's time to break camp and advance." (Deut. 1:6b-7a)

I believe you have everything you need to move forward. Do you believe that? If you do, let's work together to get you from where you are to where you want to go.

Schedule a free consultation at tanaleejohnston.com/programs today to get started!



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@tanalee_johnston



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hello@tanaleejohnston.com